



## **ART AS EVANGELIZATION**

Workshop of 10/18/17

**Spiritual exercises can provide an opportunity to open one to God's love.**

**Spiritual exercises can use various artistic methods to surprise the soul with new awareness and hope.**

**They create bridges between what you read and your own life.**

**They require no artistic experience or expertise. You don't need expensive supplies or a studio. All you need is an open heart and mind – a willingness to engage God's journey with you.**

**Art opens our experience to newness in our prayers.**

**In our daily lives, most of us use far too much of the left side of our brain that processes rational, linear thought to drive most of what we do.**

**The right side of our brain is the creative, metaphorical part can become passive without use.**

**The richness of the sacred story, an art form in itself, is not perceived when we simply read because we haven't nurtured this creative side of our creation.**

**To get back into the narrative of God's love for us, to jump back into all the possibilities of grace and mercy, we need to find a way to awaken this creativity.**

**Because art relies almost exclusively on this creative side of the brain, it's the perfect way to bring our whole being back into the sacred story.**

**Using a right-brain activity such as creating something -- be it a collage, a painting, or music --our senses take us to another place. Art becomes a "window" into the Mystery of God's love.**

**It is as if art gives us permission to enter into the drama of God's redemption once again.**

(Photo: "The Value of Sparrows," artist unknown)